



# Are you paying too much for your gas and electricity?

The main gas and electricity companies have agreed with Ofgem, their regulator, that they will have special low prices for vulnerable groups. Ofgem says that by switching to a social tariff, you could save up to £250 a year – and you don't have to change suppliers.

Who counts as 'vulnerable' is decided by the companies, but if you:

- Are aged over 60;
- Have a long term illness or a disability;
- Have young children; and/or
- Are claiming benefits such as income support, housing benefit or council tax benefit

it is definitely worth getting in touch with your supplier to see if you could benefit. The companies can also provide other help such as advice on using gas and electricity more efficiently and information about grants for insulation.

The details for the 6 main companies are provided below. If your company isn't listed here, phone the customer services number shown on your bill and ask for information about social tariffs and services for vulnerable customers. It will help if you have your customer number ready when you make the call.

Supplier	Telephone	Ask about...
<b>British Gas</b>	0800 072 7100	Essentials Tariff
<b>Eon</b>	0800 404 6287	Staywarm or Warm Assist Tariff
<b>Scottish Power</b>	0845 2700 700	Freshstart Tariff
<b>Southern Electric</b>	0800 300 111	Energy Plus Care
<b>NPower</b>	0808 172 6999	Spreading Warmth Tariff
<b>EDF</b>	0800 269 450	Energy Assist

We would be interested to hear about the savings you have made, or any problems you have getting a social tariff. You can send us an email at [fuel@manchestercab.org](mailto:fuel@manchestercab.org) (We **do not** provide advice from this address.)